



DR

GERGANA PEEVA

PRIVATE MATERNITY CARE AND FETAL MEDICINE

<i>Gestational Age</i>	<i>Appointment Type</i>	<i>Aim of Appointment</i>
8-11 weeks	Ultrasound Prenatal Screening	Nutrition and exercise advice Review of current medication Assessment of thrombosis risk CMV infection prevention advice and CMV screening* Non Invasive Prenatal Testing/ Harmony test (from 10 weeks)* Viability/ early pregnancy scan*
11-13 weeks	First trimester screening Ultrasound Blood test	Routine antenatal review including assessment of blood pressure, pulse and urine Nuchal scan* Assessment of risk for preeclampsia and indication for aspirin Booking bloods*
16-17 weeks	Antenatal visit Ultrasound	Early fetal anatomy scan* Routine antenatal review including assessment of blood pressure, pulse and urine
20-22 weeks	Antenatal visit Ultrasound	Routine antenatal review including assessment of blood pressure, pulse and urine Fetal anatomy scan* Transvaginal scan of the cervix as a screening for preterm birth*
24 weeks	Antenatal visit Ultrasound	Routine antenatal review including assessment of blood pressure, pulse and urine Fetal growth and wellbeing scan* Mini wellbeing scan
28 weeks	Antenatal visit Ultrasound Blood test	Routine antenatal review including assessment of blood pressure, pulse and urine Assessment of thrombosis risk Discussion of birth plan and mode of delivery Caesarean section information and consent Fetal growth and wellbeing scan* Antenatal bloods*, Antibody screening* Anti-D Prophylaxis * Diabetes screening: Mini or full glucose tolerance test (GTT) Vaccinations: Whooping cough and Flu*
31-32 weeks	Antenatal visit Ultrasound	Routine antenatal review including assessment of blood pressure, pulse and urine Fetal growth and wellbeing scan, 3D-scan* Antenatal classes, Hypnobirthing classes*

SCHEDULE OF CARE

<i>Gestational Age</i>	<i>Appointment Type</i>	<i>Aim of Appointment</i>
34 weeks	Antenatal visit	Routine antenatal review including assessment of blood pressure, pulse and urine Mini wellbeing scan
36 weeks	Antenatal visit Ultrasound Blood test GBS swabs	Routine antenatal review including assessment of blood pressure, pulse and urine Fetal growth and wellbeing scan* Discussion of time and mode of delivery Caesarean section information and consent Vaginal Swab for GBS (Streptococcus B)* Antenatal bloods for anaemia screening*
38 weeks	Antenatal visit Ultrasound	Routine antenatal review including assessment of blood pressure, pulse and urine Optional vaginal sweep for induction of labour Fetal growth and wellbeing scan*
40 weeks	Antenatal visit Ultrasound	Routine antenatal review including assessment of blood pressure, pulse and urine Mini wellbeing scan Fetal growth and wellbeing scan*
41 weeks	Antenatal visit Ultrasound	Routine antenatal review including assessment of blood pressure, pulse and urine Optional vaginal sweep for induction of labour Mini wellbeing scan
Delivery	Consultant led delivery	Induction of labour Vaginal birth Caesarean Section Daily visits while hospital stay
6 weeks after delivery	Postnatal review	Contraception advice Exercise guidance, physiotherapy recommendation Discussion and advice for subsequent pregnancies Inspection of perineal sutures Inspection of C-section scar, recovery of the uterus Medication review Blood test if indicated*

* Services offered but not included in the consultant-led maternity package and subject to an additional charge.

The antenatal care schedule shown above is for guidance only. Care schedules will vary depending on your condition, any complications and current demand.

Specialist scans with Dr Peeva are subject to additional costs payable at the Women's Wellness Centre.