



DR

GERGANA PEEVA

PRIVATE MATERNITY CARE AND FETAL MEDICINE

## 28 WEEKS PACKAGE

<i>Gestational Age</i>	<i>Appointment Type</i>	<i>Aim of Appointment</i>
28 weeks	Antenatal visit Ultrasound Blood test	Routine antenatal review including assessment of blood pressure, pulse and urine Assessment of thrombosis risk Discussion of birth plan and mode of delivery Caesarean section information and consent Fetal growth and wellbeing scan* Antenatal bloods*, Antibody screening* Anti-D Prophylaxis * Diabetes screening: Mini or full glucose tolerance test (GTT) Vaccinations: Whooping cough and Flu*
31-32 weeks	Antenatal visit Ultrasound	Routine antenatal review including assessment of blood pressure, pulse and urine Fetal growth and wellbeing scan, 3D-scan* Antenatal classes, Hypnobirthing classes*
34 weeks	Antenatal visit	Routine antenatal review including assessment of blood pressure, pulse and urine Mini wellbeing scan
36 weeks	Antenatal visit Ultrasound Blood test GBS swabs	Routine antenatal review including assessment of blood pressure, pulse and urine Fetal growth and wellbeing scan* Discussion of time and mode of delivery Caesarean section information and consent Vaginal Swab for GBS (Streptococcus B)* Antenatal bloods for anaemia screening*
38 weeks	Antenatal visit Ultrasound	Routine antenatal review including assessment of blood pressure, pulse and urine Optional vaginal sweep for induction of labour Fetal growth and wellbeing scan*

## SCHEDULE OF CARE

<i>Gestational Age</i>	<i>Appointment Type</i>	<i>Aim of Appointment</i>
40 weeks	Antenatal visit Ultrasound	Routine antenatal review including assessment of blood pressure, pulse and urine Mini wellbeing scan Fetal growth and wellbeing scan*
41 weeks	Antenatal visit Ultrasound	Routine antenatal review including assessment of blood pressure, pulse and urine Optional vaginal sweep for induction of labour Mini wellbeing scan
Delivery	Consultant led delivery	Induction of labour Vaginal birth Caesarean Section Daily visits while hospital stay
6 weeks after delivery	Postnatal review	Contraception advice Exercise guidance, physiotherapy recommendation Discussion and advice for subsequent pregnancies Inspection of perineal sutures Inspection of C-section scar, recovery of the uterus Medication review Blood test if indicated*

\* Services offered but not included in the consultant-led maternity package and subject to an additional charge.

The antenatal care schedule shown above is for guidance only. Care schedules will vary depending on your condition, any complications and current demand.

Specialist scans with Dr Peeva are subject to additional costs payable at the Women's Wellness Centre.